

**When The Fight Goes To The Ground: Jiu-Jitsu
Strategies And Tactics For Self-Defense [DVD Included]
By Lori O'Connell**

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By lori o' connell, steve hiscoe, jennifer weintz

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Kathleen katon tonnesen | linkedin

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Jennifer oconnell - b cker - bokus bokhandel

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When the fight goes to the ground by lori o'

When the Fight Goes to the Ground is set up with an introduction that talks about grappling/ground fighting in one of the most honest ways I Jiu Jitsu; Judo; Karate;

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