

**Our Favorite Detox & Weight Loss Slow Cooker
Recipes: Look Great, Get Healthy, Lose Weight (The
Reluctant Vegetarians) (Volume 3) By Geoff
Wells; Vicky Wells**

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that we had missed putting the coconut milk recipe in the recipes section of our book A Guide a Healthy Diet & Lose Weight. Reluctant Vegetarians on

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Nutrition | reluctant vegetarians

Reluctant Vegetarians Live Long and Healthy. Home. Home; About Us; By Vicky on April 2, By Vicky on March 28, 2013 in Nutrition, Vegan, Vegetarian, Weight Loss.

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