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Aromatic steamed salmon with shallots and broccoli

AROMATIC STEAMED SALMON WITH SHALLOTS AND BROCCOLI. Kimiko Barber suggests serving this recipe, from her book "Japanese Light," with "plain boiled or mashed potatoes

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Seared beef salad with watercress and grapefruit

Seared Beef Salad With Watercress And Grapefruit. serves 4. Adapted from from Kimiko Barber's new book, "Japanese Light." For more recipes from the Post,

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Biography: Kimiko Barber is a well-respected, self-taught Japanese cook and demonstrator, who teaches regularly at cookery schools around the UK.

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Dashi broth - the denver post

From "Japanese Light," by Kimiko Barber. Makes about 4 cups. Ingredients 2 postcard-sized pieces of kombu (kelp seaweed, see page 2) 3 dried shiitake mushrooms

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