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A lifelong journey : staying well with manic

Staying Well With Manic Depression/bipolar Disorder A Lifelong Journey : Staying Well With Manic Sarah Russell is the principal researcher of

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staying well with manic depression/bipolar disorder. [Sarah Russell, Ph.D.] -- 'A Lifelong Journey' provides also known as bipolar disorder, can, and do, stay

The management of bipolar disorder in general

General practitioners have a key role in managing patients with bipolar disorder, GPs are well placed to and are in a unique position to understand patients

Sarah russell (author of lifelong journey (a)) -

Sarah Russell is the author of Lifelong Journey (A) (3.20 avg rating, 5 ratings, 2 reviews, published 2005), Girls' Names (5.00 avg rating,

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of A lifelong journey: staying well with manic journey: staying well with manic depression/ well with bipolar disorder Sarah J. Russell,

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Synopsis: Contributors to this book discuss many different ways they stay well with manic depression. The author has put together common strategies to stay well.

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Reading list (books/dvd s on bipolar disorder

her own diagnosis of bipolar disorder (manic depression), A Lifelong Journey: Staying Well With Manic Depression/Bipolar Disorder Sally Russell Published by

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He has published widely on both bipolar disorder and depression. Dr Sarah Russell is the Principal 'A Lifelong Journey: Staying Well with Manic Depression

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